

# The Orth & Artz News

January, 1985

## Must Have Been A Party!!

The annual Christmas Party was held at the Hospital on Wednesday, December 12 and, judging by the many comments received by the Social Committee, a good time was had by all.

Following cocktails and hors d'oeuvres, staff and invited guests enjoyed an appetizing buffet-style dinner prepared by the Dietary Department, some of which was served by various management staff.

The Party then continued in the Auditorium, where Joanna Buisman led a choir of nine members through a number of fun, entertaining jingles, with piano accompaniment by Lulu Warner, a long-standing member of the Auxiliary.

A very "individual" guest arrived — Santa Claus — who, after charming some of the female guests in the audience, turned the floor over to Barry Monaghan for the presentation of service awards. A dozen roses was given to Sadie Ferguson for her 25 years of service at the Hospital — congratulations, Sadie!

"Honorary" awards were presented by Janet Huber to selected members of the audience. Fran Sweeney was the recipient of out-

temperature far below normal, a product of his constant energy-savings efforts! Also, it is understood that Dr. Welsh has donned his new running shoes, much to the satisfaction of the staff in the Operating Room and the Outpatient Department.

Many laughs were drawn from the crowd when a stranger, disguised in a mask and trench coat (but looking ever-so-much like Judy Watts!), took the stage and proceeded to describe the peculiar situations in which she has found herself along with her dog, all because she named it a rather . . . interesting name. We all know now what **not** to call our dog!

The last bit of the evening's entertainment was a slide presentation, which helped Marilyn Reddick and Hilda van Walraven disclose to "Dear Mom" their impressions following the first day of work at the O&A. It has since been discovered that the slide of the Hospital's very own "Sunshine Boy" has been missing since the party — Kevin Pigeon, beware!

The members of the Social Committee are to be commended for their hard work in planning and organizing the Party, which was





## Welcome Back Carol

A special welcome to our new Director of Admitting, Carol Edwards. Carol came to the O&A in 1977, worked as a staff nurse in the O.R. and later as Supervisor of S.P.D. Since leaving in 1979, Carol has gained impressive and varied experience at the Mount Sinai Hospital as O.R. Charge Nurse and Nursing Administrative Co-ordinator. At Sick Children's Hospital she served as Director of Linen Services and Resource Consultant in Material Management, reviewing changes and planning the amalgamation of several departments. During the past year Carol was involved in the implementation of material management programmes in two Toronto hospitals as well as four U.S. hospitals, which included computerizing inventories and procedural charges in operating rooms. Carol is presently working on a degree in business administration. We are indeed lucky to have Carol back, and wish her all the best in her new challenge.



## Medical Staff Activities

DR. TURNER's expertise and skill in the performance of Chymopapain Injections into the spine for relief of disc problems was depicted on the CBC Television program "Nature of Things", October 1984.

DR. CAMERON has completed an extensive lecture tour, speaking at the Universities of Connecticut, Seattle, Portland, Oregon, and Los Angeles on the "New Generation of Knee Replacements".

In Kyoto, Japan, he lectured

Stimulator in the Repair of Spinal Pseudoarthrosis". His second lecture was on "The Use of Inductive Coupling ie. Electromagnetic Stimulation in the Treatment of Non-Unions".

In November the Medical Staff was invited to attend a Management Development Program at the Elmwood Club. The speaker was Dr. R.M. Kilborn, Medical Director of Kitchener-Waterloo Hospital, who spoke on the roles, relationships and responsibilities of Medical Staff,

## Discharge Planning . . . What Happens After Patients Leave The O&A?



The O&A has had a Discharge Planning Program in effect for over a year, to help patients and their families plan for the continuation of patient care after discharge. What is meant by continuation of care? It means linking patients with community services such as Public Health Nursing, Home Care and Meals-On-Wheels, as well as arranging transfers to rehabilitation facilities. The program is run by a Discharge Planner, who works as a member of the patient's health care team, with the direction of the patient's physician.

Not all patients require the services of the Discharge Planner, but those who do may include elderly people who live alone and/or lack family support, patients who have had major surgery and will require long-term rehabilitation, and patients who can go home but who require community support services.

The following example illustrates

"Sorry we can't discharge you from the hospital today, Mr. Wilkins . . . it's far too windy outside."

This was starting to sound like a job for the A-Team, not the O&A's Discharge Planner! However, the patient was discharged with enough time to return to the island before freeze-up, solving the problem.

Another recent example of how our Discharge Planning Program has helped patients involved a patient and her sister, both of whom were over 80 years of age, and who had lived together before being hospitalized. While our patient was at the O&A her sister was in Toronto East General, and would be going from there to a nursing home. Our patient was to be discharged to a rehabilitation facility, and then to a nursing home.

However, our patient's discharge plans required some coordination, since our patient preferred to be at the same nursing home as her sister.